

The Savings Dental Insurance Offers



Having dental insurance helps make it easier to manage the costs of your dental care - and that usually means paying less for services. When you know you're paying less, you're more likely to go to the dentist as recommended, which can help avoid more expensive dental procedures in the future. Plus, your dental health is linked to your overall health and can help detect other diseases like diabetes, heart disease and cancer.*

Is dental insurance worth the cost?

The chart below shows how you could save if you had a Cigna Dental I500 Plan. You'll see the most savings when you see an in-network dentist and higher costs out-of-network.** The highest out-of-pocket expense is if you have no dental insurance. Premiums start at \$20/month on average.***

	Class Category	Cigna DPPO Advantage Network	Out-of-Network	Without Dental Insurance
Teeth Cleaning (2 surfaces) - D2392 II	I	\$0	\$62	\$106
Filling (2 surfaces) - D2392	II	\$29	\$167	\$249
Crown (Porcelain & High Noble Metal) - D2750	III	\$361	\$992	\$1,248
Orthodontics (Braces) - D8080	IV	\$2,909	\$5,752	\$6,752

** If you have a different plan, services may not be covered and discounts may vary. Chart is estimated; benefits may vary by provider and location. Out-of-network expenses may be higher in North Carolina and lower in Alaska and Massachusetts.

Ready to start saving?

Contact your broker and enroll in a plan today.

Individual and Family Plans

Insured by Cigna Health and Life Insurance Company

* Yonel, Z., Batt, J., Jane, R. et al. The Role of the Oral Healthcare Team in Identification of Type 2 Diabetes Mellitus: A Systematic Review. *Curr Oral Health Rep* 7, 87-97 2020. Accessed July 26, 2023.

*** Sample monthly rates are based on a single person per month and represent the national average rates for each Cigna Healthcare plan (all ages and geographic locations) and reflect rates as of July 2022. Premiums vary by geographic area.

Product availability may vary by location and plan type and is subject to change. All dental insurance policies contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact your Dental representative from Cigna Healthcare.

Cigna Healthcare products and services are provided exclusively by or through operating subsidiaries of The Cigna Group, including Cigna Health and Life Insurance Company and Cigna Dental Health, Inc. In Texas, the Dental plan is known as Cigna Dental Choice, and this plan uses the national Cigna DPPO Advantage network. The Cigna Healthcare name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

Not for use for in NM. Not for use for in NV. Not for use for in OR. Not for use for in UT. Not for use for WV.

978869 08/23 © 2023 Cigna Healthcare. Some content provided under license.

