



# Today

taking care of your  
eyes and teeth.

# Tomorrow

smiling at all the sights.

**The Cigna Dental Vision 1000 insurance plan** helps keep your eyes and smile healthier today, so you can enjoy life at its fullest every day. We make it easy with one bundled plan, one simple premium and one place for dedicated support.

You'll get up to \$1,150 in total benefits that reset each year. This includes generous dental coverage and a separate allowance for vision care.



## Questions?

If you need more plan details, contact your broker.

**Individual and Family Dental Plans**  
Cigna Health and Life Insurance Company

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## Dental Vision 1000 plan highlights.

See plan details online for additional covered services and coinsurance percentages.

PLAN PAYS:		
<b>DENTAL</b> <b>\$1,000</b> in dental benefits per calendar year  \$150 family deductible  \$50 individual deductible	<b>100%</b> no deductible for:  Routine six-month preventive dental exams, including cleanings and annual routine X-rays <sup>1</sup>	<b>70%</b> after deductible for: <ul style="list-style-type: none"><li>• Fillings</li><li>• Routine tooth extractions</li><li>• Nonroutine X-rays</li><li>• Emergency care to relieve pain</li></ul>
<b>VISION</b> <b>\$150</b> in vision benefits per calendar year  No deductible  No waiting period	<b>30%</b>  Yearly preventive vision exam – up to \$50 per calendar year	<b>\$100</b>  Eyeglasses (lenses or frames) or contact lenses – up to \$100 per calendar year

1. Not all preventive services are covered, including athletic mouth guards. Refer to the policy for a complete list of covered and non-covered preventive services. Frequency limitations apply. State of Maryland allows only one cleaning per calendar year.



## Make the most of your plan with these perks.

The Cigna Dental Vision 1000 plan gives you the benefits and convenience you're looking for. You'll also get access to Cigna Healthy Rewards®, which offers exclusive discounts on health and wellness programs and services.<sup>2</sup>

### Dental

Enjoy discounts on all plan-covered dental services when you see an in-network dentist, plus:

- Access to the Cigna DPPO Advantage Network with 80,000+ unique dental providers at more than 300,000 locations across the U.S.<sup>3</sup>
- Coverage for around \$1/day and as soon as next month
- No referral to see a dental specialist
- One-stop plan access and help choosing the right dentist with the Brighter Score® feature<sup>4</sup> on **myCigna.com**<sup>5</sup> or the **myCigna® App**<sup>5</sup>
- 24/7/365 customer service

### Vision

Access one of the largest professional routine vision care specialty networks in the nation.<sup>7</sup>

- 20,000+ private practices
- 100,000+ eye care providers nationwide

2. Wellness programs are separate from medical benefits. **A discount program is NOT insurance, and you must pay the entire discounted charge.** Some programs are not available in all states and programs may be discontinued at any time. Participating providers are solely responsible for their goods and services.

3. Cigna data as of April 2023. Subject to change.

4. Brighter features may vary by dentist. These and other dentist directory features are for educational purposes only and should not be the sole basis for decision making. They are not a guarantee of the quality of care that will be provided to individual patients, and you should consider all relevant factors when selecting a dentist.

5. Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.

6. Download and use of the myCigna mobile app is subject to app terms and conditions and the online store from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

7. ZelisNetwork360® 01/06/2022. Subject to change.

Dental preferred provider insurance policies INDDVPOL (State code) 1021.1000 (State code: AL, AK, AR, AZ, CA, CO, CT, DE, DC, FL, GA, HI, ID, IL, IA, IN, KY, KS, LA, MA, MD, ME, MN, MI, MS, MO, NE, NV, NH, NC, ND, NJ, OH, OK, OR, RI, PA, SC, SD, TN, TX, UT, VT, WI, WV and WY).

Cigna Provider Networks: <https://hcpdirectory.cigna.com/web/public/consumer/directory/search>

Products are not available in MT, NM, NY, VA and WA.

#### Not for use in New Mexico, Oregon, Utah.

Product availability may vary by location and plan type and is subject to change. All dental insurance policies and dental benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative. All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company and Cigna Dental Health, Inc. In Texas, the Dental plan is known as Cigna Dental Choice, and this plan uses the national Cigna DPPO Advantage network. The Cigna Healthcare name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

Please contact your insurance carrier, agent/producer, or the Health Insurance Marketplace if you wish to purchase PPACA-compliant pediatric dental coverage.

